

Feelings Scavenger Hunt: Story Telling with a Twist!

*An At-Home Literacy Lesson Plan Crafted by BGCHarlem Literacy Specialist Fabiola
Marceline Augustin*

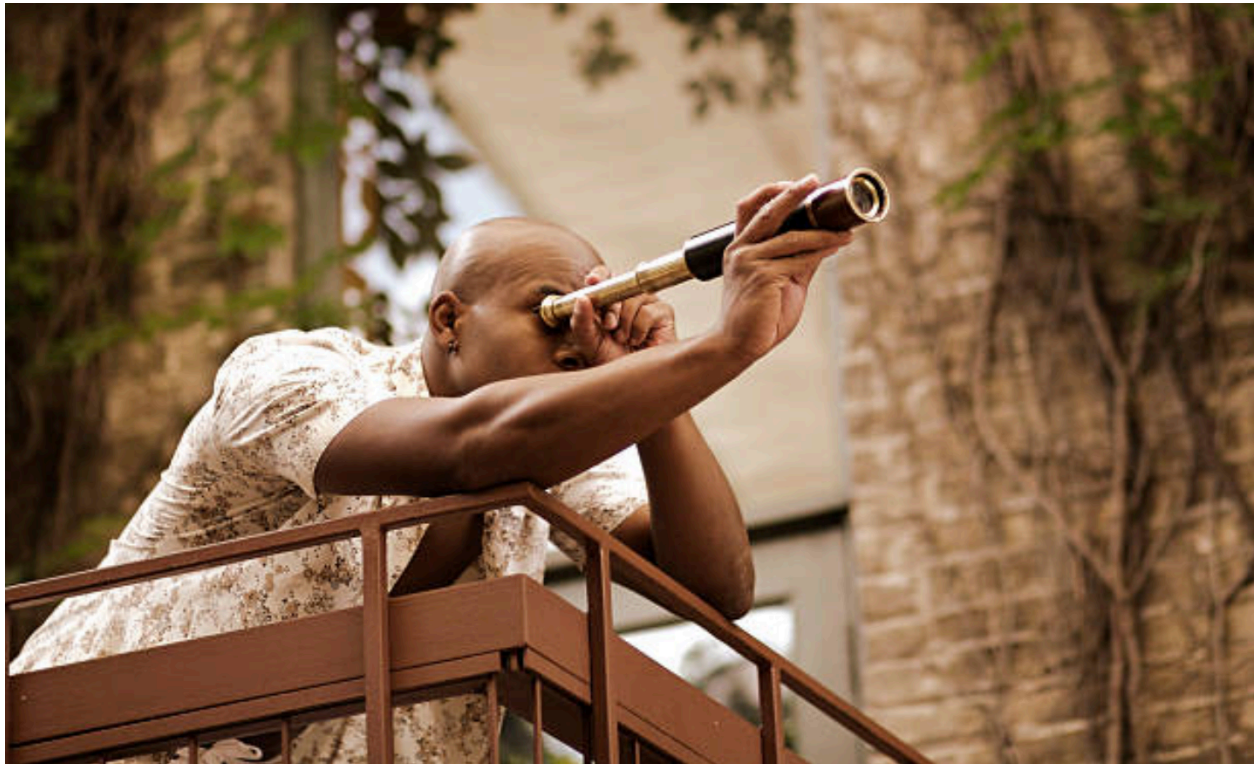


Photo: Getty Images

A “feelings scavenger hunt” is a fun way to practice mindfulness, social awareness and whole-body listening skills. Social and emotional learning plays a critical role in students' success. It sets the foundation for safe and positive learning and enhances student’s success at home, school and beyond. The “feelings scavenger hunt” will encourage students to express feelings and memories that should be explored, recognized and defined.

If your child cannot read, read the text out loud to them. Ask them the questions and have them respond and/ or solve on a separate sheet of paper. If your child can read, simply give them the second page of this handout and have them read the text out loud or in their head.

Materials: A partner, blank paper, pen or pencil, internet access/YouTube

Addresses Common Core Standards:

CCSS.ELA-LITERACY.SL.3.4

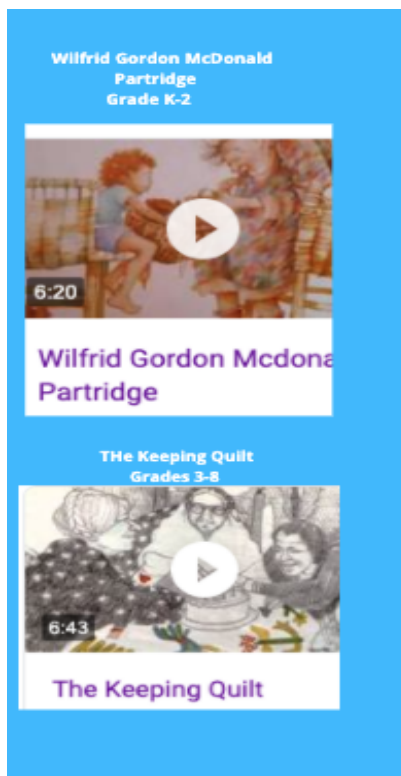
CCSS.ELA-LITERACY.SL.3.1.

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Step 1: Ask students if they know what the word "memory" means? Memories are something that is remembered or recollected from the past. Memories are not something that we experience alone, we usually share them with significant others in our lives.

Give an example of a special memory that has happened to you when you were little. Include details!

Step 2: With a partner, view the short story according to your grade level that explores memory in more detail. After watching, answer the discussion questions.



<https://www.youtube.com/watch?v=usnOEnTXabw>

- What is a memory?
- Why does each person give Wilfrid a different answer to his question, "What's a memory?"
- What are some items from the memory box and what do they represent?
- How do you think Miss Nancy feels at the end of the story? Why?

https://www.youtube.com/watch?v=7AVxr_vz0XE

- The quilt became a family heirloom to be passed down to the next generation. Define a family heirloom.
- What makes a family heirloom so precious? Do you have any family heirlooms?
- What is the oldest thing in your home that has been handed down? What is the story behind it?
- How does the quilt make the family feel?

Step 3: Game On!

Using this [Worksheet](#), students will search for things around the home that bring up certain emotions, feelings or memories. For example, students will look for objects that:



- Make them laugh
- Are part of a new hobby
- Help them remember a special memory.

Part A: Present the object. Share your memories associated with that object.
Include details! (5 points)

Part B: Why do you think you remember this so well? Try connecting one or more [emotions](#) to this memory. (2 points)

Part C: Now try and express your memory and emotion in some way. The goal is to get it *out of your head*. (3 Points)

Bonus: Can you make us feel the emotion? (5 Points)

* Having Trouble expressing yourself? Here is a [Cheat Sheet!](#)